

continen**ce** **NZ**



ANNUAL PERFORMANCE REPORT
2021

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Legal Name of Entity

New Zealand Continence Association Incorporated
Trading as Continence NZ

Entity Type and Legal Basis

Continence NZ is an Incorporated Society under the
Incorporated Societies Act 1957

Registration Number

CC35684

Postal Address

PO Box 254
Waiuku
2341

Contact

Phone: 0800 650 659
www.facebook.com/continencenewzealand
Email: info@continence.org.nz
www.continence.org.nz



HELPING KIWIS

YOUNG AND OLD

Continece NZ provides support, advice and education for the estimated 1.2 million New Zealanders who live with some form of incontinence.

1 | ABOUT US

OUR PURPOSE

Continece NZ was established to provide a service to people with continence problems, caregivers, health professionals and the public by providing information and education about continence.

From small beginnings, our annual public awareness campaign has developed into an effective method of promoting awareness of continence problems and encouraging access to professional help.

We also run an 0800 helpline, provide both community and professional education, along with popular Pelvic Floor Focus workshops for fitness trainers, and offer a website packed with information and advice.

OUR STRUCTURE

We are a not-for-profit, registered as an incorporated society. We are governed by an Executive Committee with four Board meetings per annum. We have a President, Secretary and Treasurer as office holders, and up to six other Executive Committee members. We produce annual audited accounts.

MAIN SOURCES OF CASH AND RESOURCES

We receive funding from the Ministry of Health to operate our 0800 helpline and website, however this needs to be supplemented with revenue from grant and trust funding. All sources of funding are critical for our organisation. We also receive funding from corporate sponsorship.

MAIN METHODS USED TO RAISE FUNDS

We raise money through grant and trust applications, and through corporate sponsorship.

RELIANCE ON VOLUNTEERS AND DONATED GOODS OR SERVICES

Our Executive Committee members are volunteers, and we rely on volunteer speakers for our education days.

REPORT

2

FROM OUR PRESIDENT

DR ANNA LAWRENCE



2021 has been a year fraught with further difficulties and uncertainties, meaning Continence NZ has had to find new ways to adapt in order to deliver our education and support.

The lack of access to appropriate PPE has made teaching an unsafe situation in the current environment, meaning we have moved the majority of our education online and cancelled some of our planned in person sessions when local outbreaks and lockdowns have occurred.

Thank you to the Continence NZ team for continuing to change tack where needed and ensuring safety is paramount, while important information is still reaching our communities.

We are delighted to be moving to offer online education courses for healthcare professionals and look forward to expanding this, ensuring our workforce can upskill and refresh their knowledge in the face of so many other challenges. This adds to the webinars we have already been delivering, which have had a great uptake among our members.

Looking ahead, there are many questions and uncertainties. The current challenging environment has been exacerbated by ongoing underfunding of continence and lack of understanding of the need that exists. We also have unanswered questions about what the new District Health Board structure will be and how this will or will not serve our greater communities.

Covid-19 continues to impact on care at the coal face, with DHBs postponing or rejecting referrals for care, due to resources being targeted at the pandemic response.

There is of course increased strain on the workforce as people are redeployed to care for the rising number of Covid cases, and we are also seeing an increase in patients seeking care at home.

With the change in our constitution at the 2020 Annual General Meeting allowing us to appoint four members to the executive committee (along with our member elected roles) we are focused on ensuring we have a diverse range of governance skills supporting the organisation, to assist with the many challenges ahead.

Thank you to my fellow members of our Executive Committee for their ongoing dedication to Continence NZ in what has been another challenging year, and to Louise and Zoe and the operational team for their continued ability to deliver.

To our members, thank you for all your ongoing efforts to advocate for your patients during such a complex time. We are here for you in all you do to make sure continence symptoms are not overlooked, causing further detrimental impacts on the social, financial, and overall wellbeing of those we care for.

Stay safe. Kia kaha,

Dr Anna Lawrence
Executive President
Continence NZ

REPORT FROM OUR CEO

LOUISE JUDD

Our focus for the 2020/2021 financial year continued to be on the strategic growth and development of the organisation.

An audit of our organisation in relation to our Ministry of Health contract in December 2020 provided reassurance that our efforts to develop robust internal policies, procedures, and systems has been worthwhile. The comprehensive audit covered all aspects of the organisation and resulted in our obtaining compliance results of 100%, 100%, and 99% across the three audit areas. We were also praised by the auditors for our robust internal framework, especially considering the small size of our organisation.

Alongside enhancing our internal systems, we have also been working towards broadening the governance skillset of our executive committee. We are fortunate to have a range of health professionals represented on the committee, and our updated constitution, approved at the 2020 AGM, now allows the ability for four additional roles to be appointed by the executive.

While we have been working on developing our capability, we have continued to support New Zealanders living with incontinence through our website, 0800 helpline, World Continence Week campaign, education for the community and health professionals, and the development of resources.

Our 2020 World Continence Week campaign video featured Matilda Green, who highlighted the challenges people face living with incontinence, particularly during the pandemic, and encouraged them to seek help. The video was viewed by more than 45,000 New Zealanders.

At the time of the promotion for the campaign, New Zealand was struggling with lockdowns due to Covid-19, and the “wee chats” that we had previously encouraged people to host to assist with raising awareness, had to occur online. We were delighted with the innovative response from those who managed to host an online chat, and the webinar series we released to complement the campaign had over 1,428 views that week.

As Covid-19 only arrived in our country in February 2020, a significant portion of our 2020/2021 financial year was impacted by the uncertainty. As a small and agile organisation, we were able to respond to the challenge quickly, and provide webinars and Zoom sessions in place of our usual community education. We were fortunate that some of our face-to-face education was still able to occur as alert levels allowed, with 25 education events held throughout the financial year.

Despite the uncertainty, call volumes remained consistent, with a slight decrease of 2% when compared with call volumes for the 2019/2020 year. Given the significant and unsettling impact of the pandemic, a slight decrease was understandable, and expected.

The availability of a continence nurse on the helpline (20 hours each week) has been a well-received service enhancement, and we have proactively sought funding to maintain and increase nurse availability.

Having developed our internal capability, we are moving towards increasing our collaboration in the sector, with a particular focus on partnership to develop effective and engaging resources, and to provide education. An example of this is our soon to be released pregnancy guide, which has benefited from the knowledge of a range of sources. We look forward to continuing this focus in the coming year.

With the ongoing challenge of Covid-19, we are also investing our time in enhancing our online systems, to ensure that we can effectively raise awareness and educate, regardless of the alert levels in place around the country.

We remain keenly aware of the many vulnerable and at-risk communities who have been most impacted by Covid-19 and applied to the Lotteries Research fund to assist us with the process of identifying how we can best serve these groups. We were successful with our application, and this important work will be undertaken in the 2021/2022 financial year.

Like other small charities around New Zealand, the impact of Covid-19 has increased our workload in relation to obtaining the funding required to remain viable. We also remain committed to enhancing our service delivery, which requires additional funding. Despite the many challenges, we are confident that we can continue to demonstrate outcomes to our funders and ensuring the ongoing sustainability of the organisation is our priority.

I would like to take the opportunity to sincerely thank our members, executive committee, and team members Zoe, Janet, Jacqui, Lydia, Lisa, and Louise, for their unwavering commitment to the organisation. A special thanks to Carol White, who helped to support our operations team while I was on partial maternity leave.

I would also like to thank our significant funders, Lotteries New Zealand, the Ministry of Health, the IHC Foundation, Asaleo Care (now Essity), and Oi, for their ongoing commitment to our work.

We are fortunate to have a passionate and dedicated team, members, and sector colleagues. We look forward to continuing to work together to overcome the challenges ahead, so that we can reach the many New Zealanders currently struggling with the significant impact of incontinence.

Ngā mihi nui,
Louise Judd



PELVIC FLOOR FOCUS WORKSHOP OCTOBER 2020



BY THE NUMBERS

45K+ VIDEO VIEWS
85K+ FACEBOOK REACH
4.8K WEBSITE VIEWS
CALL VOLUMES ↑46%



WORLD CONTINENCE WEEK

HAVE A WEE CHAT

15-21 JUNE 2020

Our 2020 Continenence Awareness Week featured a video message from high profile Kiwi mum Matilda Green, urging New Zealanders to call Continenence NZ and 'have a wee chat'.

The video was viewed more than 45,000 times.

Green highlighted the fact more than a million New Zealanders live with some form of incontinenence.

"And for those people, it's been a little bit of a tough time with the added stress of Covid-19," she stated in her campaign video.

Green urged anyone needing support to call Continenence NZ for a 'wee chat'.

As part of the campaign, we also offered on-demand videos from a range of continence experts, discussing a variety of topics.

And we encouraged professionals, community groups and the public to host 'wee chats', whether formal or casual. We are grateful to all those who answered the 'wee chat' call during such a challenging time.

6 | **STATEMENT OF SERVICE PERFORMANCE**
 NEW ZEALAND CONTINENCE ASSOCIATION INC TRADING AS CONTINENCE NZ



“I learned one or two things that I will pass on to my daughters and mokos ... thank you for your talk today.”

“Important information for my group. Excellent presentation. Nga mihi.”

“This was such an excellent talk with so many ideas for continence that I had not known. Many Thanks! ”

“Nice to know there are washable pads. Very good presentation.”

- COMMUNITY EDUCATION FEEDBACK

DESCRIPTION OF OUTCOMES:

Continence NZ achieves the following outcomes annually:

- A nationwide awareness campaign, which aligns with World Continence Week.
- Promotion of our services, and support via our 0800 helpline, website and email.
- The provision of professional development for our members around the country (the majority of members are health professionals).
- Education sessions around New Zealand for at-risk groups, carers, and caregivers.
- Facilitation of Pelvic Floor Focus workshops for fitness professionals.
- The development of new resources.

Description and Quantification of Outputs	2021	2020
Education sessions for vulnerable community groups	23 Sessions 560 Participants	42 Sessions 820 Participants
Pelvic Floor Focus workshops	2 Sessions 39 Participants	4 Sessions 74 Participants
0800 Helpline calls	580	592
Website/email requests for support	50	26
Education days for health professionals	–	2 Sessions 71 Participants
Unique website sessions seeking support	153,513	111,010
Pamphlets distributed by DHB/private services	6,817	7,186
Pamphlets distributed within the community	3,240	4,310
Toilet Cards	194	206
Views of 2020 Awareness Week Webinars	1,428	-

ADDITIONAL OUTPUT MEASURES:

In addition to the above our organisation provides 18 information pamphlets about managing incontinence, which DHBs, physiotherapists, occupational therapists and other health professionals can order to distribute to their clients.

Helping Kiwis Young & Old



2020/21 BY THE NUMBERS



COMMUNITY
EDUCATION
PARTICIPANTS



CONTINENCE
AWARENESS WEEK
VIDEO VIEWS



CONTINENCE
AWARENESS WEEK
WEBINAR VIEWS



0800 HELPLINE
CALLS



WEBSITE
SESSIONS



PAMPHLETS
DISTRIBUTED

HOW WE 7 | MAKE A DIFFERENCE

“Overcoming Bedwetting”

A concerned mum called our free Continence Helpline to ask for advice about her six-year-old daughter Anna, who was dry during the day but still wetting her bed every night.

The mum spoke to our experienced Continence Nurse Specialist Janet Thackray (pictured right), explaining her daughter was very distressed about the night wetting, as she wanted to go on sleepovers with her friends, but felt too anxious to do so.

She told Janet that Anna was a fit and active child, who ate a good balanced diet but had poor drinking habits. Anna only had milk with cereal for breakfast, one small drink of water at school with lunch then nothing until after 4pm, when she drank four to five drinks up until bedtime.

“Janet explained that Nocturnal Enuresis is a common problem with children who do not drink enough fluids during the day and then have too much in the evenings.”

Janet explained that Nocturnal Enuresis is a common problem with children who do not drink enough fluids during the day and then have too much in the evenings. The bladder is not stretched enough during the day to hold large quantities of fluid, causing leakage at night when the bladder fills.

The treatment for this is to drink full glasses of fluid, spaced out regularly though out the day, and hold on to stretch the

bladder. For a six-year-old 1000-1400mls is recommended. Janet advised that Anna needed to have a drink with breakfast, take a water bottle to school to drink from during the day and drink less in the evenings. She also suggested keeping a daily fluid chart for seven days to monitor Anna’s intake, offering a small reward to help her to keep motivated.

Janet recommended that Anna stop wearing a nappy, as children can become dependent on them, and advised her mum to instead put a washable bed pad on the bed. She told her to have Anna go to the toilet to empty her bladder before bedtime and if she wet the bed during the night, to make it her responsibility to change the pad and/ or bedding.

If these measures were not successful, Janet advised Anna’s mum to ask her GP for a referral to the Continence Nursing Service, who might recommend an alarm clock programme or bedwetting alarm. Anna’s mum was grateful for the several practical solutions she had not tried before.

Many parents have no idea bedwetting issues can be caused by not drinking enough during the day, to stretch the bladder so it can hold on at night. This story underlines the importance for teachers and parents to encourage drinking enough water at school and is one of the reasons Continence NZ is developing an education programme and resources specifically tailored to children and parents.

Worried parents are among the many groups who call the Continence Helpline for advice. Our caring staff calmly listen and offer practical advice and information on where they can receive further help if needed. That one phone call can make a huge difference for parents and children, helping ease their stress and anxiety.



JANET THACKRAY
CONTINENCE EDUCATOR

“Getting Things Moving”

A Parkinson’s Community Assessor called the Continence Helpline from the home of a patient she was visiting. She told our Continence Nurse Specialist Janet Thackray about John, an 82-year-old, with Parkinson’s disease and chronic long-term constipation.

Recently his mobility had decreased, and he was sitting on the toilet for an hour each day straining to move his bowels. John lives with his wife Susan, who joined the conference call to discuss management of John’s constipation. John was only passing small hard motions daily or on alternate days. Constipation can have serious consequences for Parkinson’s patients, as it can prevent full absorption of medications, which then result in a sub therapeutic clinical dose. This then leads to reduced mobility and deterioration in the patient’s general condition.

John had a good diet, but it was low in fibre, and his fluid intake was very low at only one litre a day. Although he had been prescribed Lactulose syrup by his GP, John was not taking it regularly every day. Lactulose is a softener, but due to the bowel contractions becoming ‘sluggish’ with Parkinson’s disease, an evacuant laxative is also required.

Following a discussion of John’s daily diet, Janet’s recommendations were to increase fluids by another litre and to drink fluids containing soluble fibre such as cloudy apple juice and Kiwi Crush. She also suggested John increase his fibre intake at breakfast, by eating a high fibre cereal such as Weet-Bix with a mixture of apples, prunes and bran. And to eat mashed root vegetables daily such as kumara and pumpkin.

Janet also advised John to take the Lactulose syrup daily and to ask his GP for Coloxyl Senna at night, to help promote a daily bowel motion in the morning. She explained it was also important to sit correctly on the toilet with the feet elevated to fully empty the bowel and to not sit longer than 10 minutes. If the bowel has not moved within this time, John should leave the toilet and return in an hour after a hot drink and a walk.

Janet also posted John and Susan leaflets and handouts summarising the information she had provided via telephone. Two weeks later Janet met up with John and his wife at an education session she held for Parkinson’s in Auckland about managing constipation. They happily reported that John was now having a daily soft motion and he was feeling generally a lot better. Janet reiterated that he must continue to take the laxatives daily to prevent constipation and to ensure that he receives the full therapeutic benefits of his medications.

NEW ZEALAND CONTINENCE ASSOCIATION INC
FINANCIAL STATEMENTS
 FOR THE YEAR ENDED 31 MARCH 2021



Approval of Financial Report

New Zealand Continenence Association Incorporated trading as Continenence NZ
 For the year ended 31 March 2021

The Trustees are pleased to present the approved financial report including the historical financial statements of New Zealand Continenence Association Incorporated trading as Continenence NZ for year ended 31 March 2021.

APPROVED

Dr Anna Lawrence

Chairperson

Date 22/11/2021

Lucy Keedle

Treasurer

Date 22/11/2021

Statement of Financial Performance

New Zealand Continenence Association Incorporated trading as Continenence NZ
 For the year ended 31 March 2021

	NOTES	2021	2020
Revenue			
Donations, fundraising and other similar revenue	1	310,022	301,315
Revenue from providing goods or services	1	9,382	19,985
Interest, dividends and other investment revenue	1	95	163
Other revenue	1	19,659	30,574
Total Revenue		339,158	352,038
Expenses			
Volunteer and employee related costs	2	224,507	244,385
Costs related to providing goods or service	2	3,897	5,941
Other expenses	2	94,570	84,432
Total Expenses		322,973	334,759
Surplus/(Deficit) for the Year		16,185	17,279

Statement of Financial Position

New Zealand Continenence Association Incorporated trading as Continenence NZ
As at 31 March 2021

	NOTES	31 MAR 2021	31 MAR 2020
Assets			
Current Assets			
Bank Accounts and Cash	3	267,437	168,041
Debtors and Prepayments	3	107	158
Total Current Assets		267,544	168,199
Non-Current Assets			
Property, Plant and Equipment	5	3,820	3,888
Total Non-Current Assets		3,820	3,888
Total Assets		271,364	172,087
Liabilities			
Current Liabilities			
Creditors and accrued expenses	4	21,997	4,278
Unused donations and grants with conditions	4	70,750	-
Other current liabilities	4	18,445	25,320
Total Current Liabilities		111,193	29,598
Total Liabilities		111,193	29,598
Total Assets less Total Liabilities (Net Assets)		160,171	142,489
Accumulated Funds			
Accumulated surpluses or (deficits)	6	160,171	142,489
Total Accumulated Funds		160,171	142,489

Statement of Cash Flows

New Zealand Continenence Association Incorporated trading as Continenence NZ
For the year ended 31 March 2021

	2021	2020
1. Cashflow		
Cash Flows from Operating Activities		
Receipts from providing goods or services	5,540	325,187
Interest, dividends and other investment receipts	95	163
Cash receipts from other operating activities	446,236	19,985
Cash from other sources	-	30,574
GST	(19,115)	(2,962)
Payments to suppliers and employees	(332,025)	(331,985)
Total Cash Flows from Operating Activities	100,730	40,962
Cash Flows from Investing and Financing Activities		
Payments to acquire property, plant and equipment	(1,334)	(1,828)
Capital repaid to owners or members	-	-
Total Cash Flows from Investing and Financing Activities	(1,334)	(1,828)
Net Increase/ (Decrease) in Cash	99,396	39,134
	2021	2020
2. Cash Balances		
Cash and cash equivalents at beginning of period	(168,041)	(128,907)
Cash and cash equivalents at end of period	267,437	168,041
Net change in cash for period	99,396	39,134

Statement of Accounting Policies

New Zealand Continenace Association Incorporated trading as Continenace NZ For the year ended 31 March 2021

Basis of Preparation

The entity is eligible to and has elected to apply PBE SFR-A (NFP) Public Benefit Entity Simple Format Reporting - Accrual (Not-For-Profit) on the basis that it does not have public accountability and has total annual expenses equal to or less than \$2,000,000. All transactions in the Performance Report are reported using the accrual basis of accounting. The Performance Report is prepared under the assumption that the entity will continue to operate in the foreseeable future. All amounts are presented in New Zealand dollars and are rounded to the nearest dollar.

Goods and Services Tax (GST)

The entity is registered for GST. All amounts are stated exclusive of goods and services tax (GST) except for accounts payable and accounts receivable which are stated inclusive of GST.

Income Tax

New Zealand Continenace Association Incorporated trading as Continenace NZ is wholly exempt from New Zealand income tax having fully complied with all statutory conditions for these exemptions.

Bank Accounts and Cash

Bank accounts and cash in the Statement of Cash Flows comprise cash balances and bank balances (including short term deposits) with original maturities of 12 months or less.

Revenue Recognition

Revenue from providing goods or services is recognised when the goods are sold or by reference to the stage of completion of service. Interest income is recognised as and when it is earned.

Expenditure

Expenses are recognised when the cost is incurred, with prepaid expenses deferred at the amount relating to the future goods or services to be received.

Trade Receivables

Trade Receivables are recognised at estimated realisable value. Bad Debts are written off in the year in which they are identified.

Property, Plant & Equipment

Property, Plant and Equipment is recognised at cost less aggregate depreciation. Historical cost includes expenditure directly attributable to the acquisition of assets, and includes the cost of replacements that are eligible for capitalisation when these are incurred.

All other repairs and maintenance are recognised as expenses in the Statement of Financial Performance in the financial period in which they are incurred.

Depreciation has been calculated using the maximum rates permitted by the Income Tax Act 2007.

Operating Leases

Operating lease payments, where the lessors effectively retain substantially all of the risks and benefits of ownership of the lease items, are recognised in the determination of the operating surplus in equal installments over the lease term.

Changes in Accounting Policies

There have been no changes in accounting policies. Policies have been applied on a consistent basis with those of the previous reporting period.

Notes to the Performance Report

New Zealand Continence Association Incorporated trading as Continence NZ For the year ended 31 March 2021

	2021	2020
1. Analysis of Revenue		
Donations, fundraising and other similar revenue		
COGS Income	64,701	68,416
Corporate Sponsorship	23,750	17,250
Donations	205	-
Lotteries Grant	44,375	58,078
Membership	2,284	4,413
Men's Health Day	-	3,622
MOH Income	68,119	76,536
Trust and Grant Income	106,589	73,000
Total Donations, fundraising and other similar revenue	310,022	301,315
Revenue from providing goods or services		
Adult Education	-	2,422
Paediatric Education	-	4,363
Pelvic Floor Focus Workshops	4,609	7,631
Sales	4,773	5,570
Total Revenue from providing goods or services	9,382	19,985
Interest, dividends and other investment revenue		
Interest Income	95	163
Total Interest, dividends and other investment revenue	95	163
Other revenue		
Community Education Income - Corporate	-	1,085
MSD Wage Subsidy	19,659	29,489
Total Other revenue	19,659	30,574
	2021	2020

2. Analysis of Expenses

	2021	2020
Volunteer and employee related costs		
ACC	578	-
Salaries	212,237	244,385
Subcontractors	8,836	-
Staff Training and Expenses	2,856	-
Total Volunteer and employee related costs	224,507	244,385

	2021	2020
Costs related to providing goods or services		
Adult Education Expenses	-	3,198
CFA Conference	1,507	-
Education - Online	2,283	-
Paediatric Education Expenses	-	2,743
Resources	107	-
Total Costs related to providing goods or services	3,897	5,941
Other expenses		
Advertising and Promotion	13,677	4,542
Awareness Week	11,912	23,249
Bank Fees	174	320
Carers Alliance	-	1,163
Consulting and Accounting	3,649	2,615
Continence Educator	690	2,377
Depreciation	1,094	2,300
Education Days Christchurch	-	2,378
Executive Meetings	1,617	4,042
Freight and Courier	1,902	-
General Expenses	384	12,866
Insurance	2,620	-
Loss on Sale of Fixed Assets	2,104	-
Mileage	672	1,767
Minor Assets	8,004	-
Office Expenses	407	103
Pediatric Education Day	-	667
Pelvic Floor Focus Workshop Expenses	2,171	5,190
Project Costs	14,765	3,618
Printing and Stationery	6,200	3,566
Rent	2,172	2,049
Subscriptions	13,112	4,511
Telephone and Internet	2,903	6,006
Travel - International	-	612
Travel - National	-	491
Website Expenses	4,340	-
Total Other expenses	94,570	84,432

	2021	2020
3. Analysis of Assets		
Bank accounts and cash		
BNZ - 00	263,044	161,268
BNZ - 025	6,610	6,721
BNZ - 066 - Savings	1,799	1,672
BNZ CC - 5394 - Zoe Gillett	(1,785)	(670)
BNZ CC - 8013 - Louise Judd	(2,232)	(950)
Total Bank accounts and cash	267,437	168,041
Debtors and prepayments		
Accounts Receivable	107	158
Total Debtors and prepayments	107	158
	2021	2020
4. Analysis of Liabilities		
Creditors and accrued expenses		
Accounts Payable	8,772	-
GST	13,225	4,278
Total Creditors and accrued expenses	21,997	4,278
Unused donations and grants with conditions		
Grants Received in Advance	70,750	-
Total Unused donations and grants with conditions	70,750	-
Other current liabilities		
Annual Leave Accrual	18,445	20,340
PAYE Payable	-	4,980
Total Other current liabilities	18,445	25,320
	2021	2020
5. Property, Plant and Equipment		
Furniture and Fittings		
Furniture and Fittings	582	582
Accumulated Depreciation	(304)	(228)
Total Furniture and Fittings	278	354
Office Equipment		
Office Equipment	4,959	25,038
Accumulated Depreciation	(1,418)	(21,504)
Total Office Equipment	3,541	3,534
Total Property, Plant and Equipment	3,820	3,888

	2021	2020
6. Accumulated Funds		
Accumulated Funds		
Opening Balance	142,489	(21,115)
Accumulated surpluses or (deficits)	17,682	163,605
Total Accumulated Funds	160,171	142,489
Total Accumulated Funds	160,171	142,489

7. Commitments

There are no commitments as at 31 March 2021 (Last year - nil).

8. Contingent Liabilities and Guarantees

There are no contingent liabilities or guarantees as at 31 March 2021 Last year - nil).

9. Significant Grants and Donations with Conditions not Recorded as a Liability

The amounts reported below are the prior year as the current year has the unspent grants in the financial position.

Original Amount	Description	Not fulfilled Amount	Purpose and Nature of the Condition (\$)
\$10,000	Pub Charity Limited	\$6,000	Awareness Week - advertising, salary costs for Awareness Coordinator and pamphlet printing
\$25,000	Foundation North	\$25,000	Service delivery in the greater Auckland and Far North area

10. Related Parties

There were no transactions involving related parties during the financial year.

11. Events After the Balance Date

There were no events that have occurred after the balance date that would have a material impact on the Performance Report (Last year - nil).

12. Ability to Continue Operating

The entity will continue to operate for the foreseeable future.

INDEPENDENT AUDITOR'S REPORT

To the members of the NZ CONTINENCE ASSOCIATION INC for the year ended 31 March 2021

Report on the Performance Report

Opinion

We have audited the performance report of the NZ CONTINENCE ASSOCIATION INC on pages 5 - 15, which comprise the entity information and statement of financial position as at 31 March 2021, the statements of service performance, financial performance, and cash flows for the year ended, the statement of accounting policies and other explanatory information.

In our opinion:

- a) the reported outcomes and outputs, and quantification of the outputs to the extent practicable, in the statement of service performance are suitable;
- b) the performance report on pages 5-15 presents fairly, in all material respects:
 - the financial position of the NZ CONTINENCE ASSOCIATION INC as at 31 March 2021 and of its financial performance and cash flows;
 - the entity information and the service performance, for the year ended, in accordance with Public Benefit Entity Simple Format Reporting – Accrual (Not-For-Profit) [PBE-SFR-A-NFP] issued in New Zealand (NZ) by the NZ Accounting Standards Board.

Basis for an Unqualified Opinion

We conducted our audit of the statement of financial performance, statement of financial position, statement of cash flows, statement of accounting policies and notes to the performance report in accordance with International Standards on Auditing (NZ), and the audit of the entity information and statement of service performance in accordance with the International Standard on Assurance Engagements (NZ) ISAE (NZ) 3000 (Revised). Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Performance Report* section of our report. We are independent of the NZ CONTINENCE ASSOCIATION INC in accordance with Professional and Ethical Standard 1 (Revised) *Code of Ethics for Assurance Practitioners* issued by the NZ Auditing and Assurance Standards Board and the International Ethics Standards Board for

Accountants' Code of Ethics for Professional Accountants (IESBA Code), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Other than in our capacity as auditor we have no relationship with, or interests in, the NZ CONTINENCE ASSOCIATION INC.

Emphasis of Matter – Insufficient Information

The criteria for assessing the eligibility to the MSD Wage Subsidy had insufficient information available from the MSD on what might they meant by “normal income”, or “doing everything possible to mitigate the effects that the pandemic would have on income, or that covid was the reason for a decline in income.” Therefore, we are unable to assess if the wage subsidy, classified as revenue, should be reclassified as a current liability. We have not qualified our audit report on this lack of information.

Restriction on responsibility

This report is made solely to the members, as the governance, in accordance with section 42F of the Charities Act 2005, and the constitution of the entity. Our audit work has been undertaken so that we might state to the governance those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the governance as a body, for our audit work, for this report, or for the opinions we have formed.

Governance Responsibility for the Performance Report

The governance is responsible for:

- a) identifying outcomes and outputs, and quantifying the outputs to the extent practicable, that are relevant, reliable, comparable and understandable, to report in the statement of service performance;
- b) the preparation and fair presentation of the performance report which comprises:
 - the entity information;
 - the statement of service performance; and
 - the statement of financial performance, statement of financial position, statement of cash flows, statement of accounting policies

and notes to the performance report in accordance with PBE-SFR-A-NFP issued in NZ by the NZ Accounting Standards Board, and (c) for such internal control as the governance determines is necessary to enable the preparation of a performance report that is free from material misstatement, whether due to fraud or error.

In preparing the performance report, the governance is responsible for assessing the entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the governance either intends to liquidate the entity or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Performance Report

Our objectives are to obtain reasonable assurance about whether the performance report is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (NZ) and ISAE (NZ) 3000 (Revised) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this performance report.

We are also required to apply the explanatory guides (EG) Au 1 & EG Au 9.

As part of an audit in accordance with ISAs (NZ) and ISAE (NZ) 3000 (Revised), we exercise professional judgement and maintain professional skepticism throughout the audit. We also:

- ◻ Identify and assess the risks of material misstatement of the performance report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- ◻ Obtain an understanding of internal control

relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control.

- ◻ Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- ◻ Conclude on the appropriateness of the use of the going concern basis of accounting by the governance and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the performance report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the entity to cease to continue as a going concern.
- ◻ Evaluate the overall presentation, structure and content of the performance report, including the disclosures, and whether the performance report represents the underlying transactions and events in a manner that achieves fair presentation.
- ◻ Perform procedures to obtain evidence about and evaluate whether the reported outcomes and outputs, and quantification of the outputs to the extent practicable, are relevant, reliable, comparable and understandable.

We communicate with the governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



Charity Integrity Audit Ltd

Director: Peter Conaglen

Chartered Accountants - South Auckland

22nd November 2021

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We are incredibly grateful to our funders, who ensure that we can continue to provide essential support to New Zealanders living with incontinence.



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